



## Law of Attraction – Why It’s Not Working For You

Have you ever wondered why the Law of Attraction works for others and not you? Stop spinning your wheels and find out what's been holding you back all this time. This could be the missing key you've been searching for....

Since the movie "*The Secret*" came out over 2 years ago now, millions of people have become aware of the **Law of Attraction** and how it can work in their lives. In fact, thousands of people have seen major shifts as a result of consciously practicing the Law of Attraction. However, thousands more people still struggle and wonder why it isn't working for them.

### **It's Not Your Fault**

*The Secret* was meant to open the eyes of the world to how the Universe works - mainly the Law of Attraction. It wasn't and was never meant to be a comprehensive guide to making it work for you. This has left many confused, frustrated, skeptical and wondering how to piece it all together.

### **Why It Hasn't Worked**

Not everyone has the mind power to erase decades of conditioned thinking overnight. For many of us, this process is a 'reprogramming' of our limiting thoughts, beliefs and feelings. Why can some people easily integrate new thinking and habits while others continue to struggle with the Law of Attraction? I believe this is for 2 main reasons:

- We don't have all the information
- We over-think

Not having all the information is an obvious one, but maybe it isn't. You may have been given all the information you need to apply the Law of Attraction to your life, but if you haven't absorbed that information it's as if you don't have the information at all. Have you ever heard something over and over and over again, but one day someone says the same thing in a different way, and all of the sudden you get it?! That's what I'm talking about.

For many, over-thinking is a disease. Thinking logically about how the Law works, if it can work for you, if only you practice it this way or that way, analyzing the results, analyzing other people results - it's working for you but just not the way you want it to. Lack of action (ie: thinking, thinking, thinking) will never get you what you want.

### **What the 'Law of Attraction' Isn't**

Contrary to a lot of misinformation, the **Law of Attraction** isn't just thinking about what you want, visualizing it, affirming it, and positive thinking. Yes, these are all elements of making it work, but it's not the whole picture. It's also not about being so driven about completing these 'elements' that you lose the essence of what the purpose is.

### **There's Still Hope - How To Make It Work For You**

For the Law of Attraction to give you the results you're looking for, your thoughts, feelings and actions need to be in alignment.

**Thoughts** - you must believe that you can have what it is you're looking to get. If you don't believe you can have all you want, you're actually pushing it away from you and attracting more of "not getting". Visualizing already having achieved your goal and repeating daily affirmations to support your belief in being successful, are essential tools in realizing your dreams.

**Feelings** - you must feel good about what you want. If you feel anxiety, fear, anger, etc, you're not in alignment with what you really want. The Universe will always bring you what you're feeling about. If you don't feel good about what you want, evaluate if it's really your dream and not someone else's. If it's really yours then you'll naturally feel good when you visualize having it.

Action - there's a huge misconception out there that the Secret and it's teachers promote inaction. I find this to be ridiculous. Every teacher on the Secret believes that you must take action to see results and they've definitely done that in their own lives. This is the missing key many have been searching for.

Action doesn't mean you have to have your whole course of action mapped out and scheduled. It does mean that you must take consistent and persistent action towards achieving your goals. Once you've set your intention to have, be or do what you want, the path for you to follow will begin to appear. Acting on your intuition and recognizing the signs that direct you to go this way, or make this call, or do this action is what will bring you closer to success. As you take action consistently, your momentum increases, and more ideas and opportunities open to you. That's the **Law of Attraction** in action.

This doesn't need to be complicated. Determine what you want, believe it's possible, feel how it feels already having achieved success, and take consistent and persistent action. Take that first step now and do something in the next 30 minutes to take you closer to your goals.

**A Message from Miki Strong, Founder of Mi Hamba**

Each and every one of us has the potential to live an extraordinary life. Discovering our **purpose in life** can unlock the door to it being a happy and fulfilling one. Many people ask us how to go about doing just that. They're unhappy, overworked, stressed and want to live their dreams - at the same time they often think it's not possible. At Mi Hamba we excel at showing you how to unlock that door and discover your own potential.

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